



Schweizerische Eidgenossenschaft  
Confédération suisse  
Confederazione Svizzera  
Confederaziun svizra

Federal Department of Home Affairs FDHA  
Federal Office for Gender Equality FOGE

Swiss Confederation

# HE YELLS. YOU GO QUIET.

***THAT'S ONE WAY VIOLENCE STARTS.***



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**GET SOME ADVICE AND SUPPORT.**

**☎142**





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**HE KNOWS  
WHERE  
YOU ARE.  
ALWAYS.**

***THAT'S ONE WAY VIOLENCE STARTS.***



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# ONE LOOK IS ENOUGH. AND YOU DON'T SAY A WORD.

***THAT'S ONE WAY VIOLENCE STARTS.***



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**YOU SAY  
NO.  
HE HEARS  
YES.**

***THAT'S ONE WAY VIOLENCE STARTS.***



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# HIS BOUNDARIES COUNT. YOURS DON'T.

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# THE JOKES ARE AT YOUR EXPENSE. ALWAYS.

*THAT'S ONE WAY VIOLENCE STARTS.*



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**SHE KNOWS  
WHERE  
YOU ARE.  
24/7.**

***THAT'S ONE WAY VIOLENCE STARTS.***



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# YOU ARE BEING INSULTED. YOUR CHILD SUFFERS TOO.

***THAT'S ONE WAY VIOLENCE STARTS.***



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